



YOUR INFO

Name: _____
 Title: _____
 Facility: _____
 Address: _____

 City/State/Zip: _____
 This address for: home work
 Daytime Phone: _____
 Member #: _____

Are you a: Nursing Home Administrator
 Nurse

NHAs, please include all states and license numbers.
 ACHCA must have this information to issue credit.

State: _____ License #: _____
 State: _____ License #: _____

INSTRUCTIONS

After reading this issue of ADVANCE for Long-Term Care Management, complete the following test and evaluation sections. If your score is 70 percent or above, ACHCA will send you a letter of completion. If your score is less than 70 percent, you may retake the test.

Please include your license number for each state.
 Tests will be graded within four weeks of receipt.

According to the ACHCA Code of Ethics, "preservation of the highest standards of integrity and ethical principles is vital to the successful discharge of the professional responsibilities of all long-term care administrators." You are expected to complete this program according to these guidelines.

Each post-test is approved for 2 continuing education credits for nursing home administrators and 2 contact hours for nurses.

Not all states accept self-study programs for credit. Check with your state to confirm restrictions. If you feel that you have benefited from this program, please encourage your state to support self-study programs.

Return completed form with payment to:

ACHCA
 12100 Sunset Hills Rd., Ste. 130
 Reston, VA 20190

Members: \$25; Nonmembers: \$35
 (Note: Membership in ACHCA is by individual, not by facility. If you have any questions, please call Kathleen at (703) 234-4140, Ext 3.)

Check enclosed, payable to ACHCA

Please charge my:
 Visa Mastercard American Express

Card # _____
 Exp. Date _____
 Cardholder Signature _____

PRE-TEST

Take the pre-test before you read this issue of ADVANCE.

- Spaced retrieval uses all of the following to help people with cognitive impairment retain information, EXCEPT:
 - written cues
 - visual cues
 - verbal prompts
 - assistive devices
- Under the new MS-LTC-DRGs for long-term acute care hospitals, which code falls into the revised complicating condition list?
 - 428.31 acute diastolic heart failure
 - 428.32 chronic diastolic heart failure
 - 428.40 systolic and diastolic heart failure
 - 428.9 heart failure not otherwise specified

POST-TEST

After reading the magazine, complete the post-test and evaluation.

- Which stroke treatment allows patients to initiate walking therapy sooner? (Equipment & Products: "Stroke of Genius")
 - magnet therapy
 - bodyweight-supported treadmill training
 - a split-belt treadmill
 - robotics
- According to the author, leaders who become effective coaches typically do all of the following EXCEPT: (Leadership: "Four Elements of Accountability")
 - observe
 - create an action plan
 - review and follow up
 - preach to the choir
- Contestants in the 2008 Best Long-Term Care Team contest were asked to show how they exemplify: initiative, adaptability, teamwork, innovative programming, knowledge and _____. (2008 Best Long-Term Care Team)
 - recruitment/retention
 - human resource management
 - budgeting
 - wellness programs
- Employment-related costs can frequently exceed _____ percent of an administrator's yearly salary. (Management: "Back to Basics")
 - 45 percent
 - 40 percent
 - 50 percent
 - 55 percent
- Under the new MS-LTC-DRGs for long-term acute care hospitals, if a patient is discharged alive with 427.5 cardiac arrest, it is considered: ("Billing & Reimbursement: "A Brighter Future")
 - a major complicating condition
 - a complicating condition
 - a non-complicating condition
 - incorrectly coded
- The SNF PPS final rule for fiscal year 2009 contained all of the changes and updates below EXCEPT: (Finance: "Final Rule Review")
 - Medicare payments for SNFs caring for AIDS patients will continue to be paid an additional 150 percent of the SNF PPS rate schedule.
 - The labor-related weight for rate calculations will be 84.332 for fiscal year 2009.
 - Inpatient hospital wage data that established wage indices used in SNF PPS rate calculations will remain in place for fiscal year 2009.
 - The rule provides a specific schedule for pay for performance.
- Which of the following is NOT a way to draft a medication disclosure policies without violating disability discrimination laws? (Law Center: "The Other Medication Risk")
 - Ban all medication use uniformly.

- Craft a medication disclosure policy or prohibited medication list to apply only to safety-sensitive positions and medications that present a threat of harm.
 - Perform a job analysis to determine the level of patient care (or direct impact on patient care) and the level and severity of the potential harm.
 - Implement a self-policing medication disclosure policy.
- According to the SNF PPS Final Rule, the labor-related weight for rate calculations decreased from _____ percent for fiscal year 2008 to _____ percent for fiscal year 2009. (Finance: "Final Rule Review")
 - 80.289, 77.784
 - 70.249, 69.783
 - 75.239, 64.784
 - 60.239, 59.783
 - Which of the following questions does an employer have to answer to determine if a qualification standard is permissible under the ADA? (Law Center: "The Other Medication Risk")
 - Is the individual disabled?
 - Is the required disclosure job related and consistent with business necessity?
 - Does the individual's use of medication pose a direct threat to that individual or others?
 - All of the above.
 - Which of the following statements is FALSE of wound tissue debridement? (Skin & Wound Care: "Combating Chronic Wounds")
 - The primary intervention against nonviable tissue is debridement.
 - Surgical debridement may be ideal for removing nonviable tissue, but some residents may not tolerate the procedure.
 - Mechanical debridement may be the most desirable method.
 - Examples of mechanical debridement include whirlpool, wet-to-dry dressings and pulsed lavage.

ANSWER KEY

- Pre-Test Answers:**
- D. See Cover Story: "Total Recall"
 - A. See Billing & Reimbursement: "A Brighter Future"

Post-Test:
 Check the box next to the most appropriate answer.

1.	<input checked="" type="checkbox"/> a	<input checked="" type="checkbox"/> b	<input checked="" type="checkbox"/> c	<input checked="" type="checkbox"/> d
2.	<input checked="" type="checkbox"/> a	<input checked="" type="checkbox"/> b	<input checked="" type="checkbox"/> c	<input checked="" type="checkbox"/> d
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10.	<input checked="" type="checkbox"/> a	<input checked="" type="checkbox"/> b	<input checked="" type="checkbox"/> c	<input checked="" type="checkbox"/> d

EVALUATION

- I found this material and ACHCA test to be:**
- very relevant to my professional practice
 - somewhat relevant to my professional practice
 - not relevant to my professional practice
- The most useful topic that this test addressed was:**
- clinical issues
 - business issues
 - financial issues

Cut along the dotted line and return to ACHCA