



YOUR INFO

Name: _____
 Title: _____
 Facility: _____
 Address: _____
 City/State/Zip: _____
 E-mail: _____
 This address for: home work
 Daytime Phone: _____
 Member #: _____
 Are you a: Nursing Home Administrator
 Nurse

NHAs, please include all states and license numbers. ACHCA must have this information to issue credit.

State: _____ License #: _____
 State: _____ License #: _____

INSTRUCTIONS

- After reading this issue of *ADVANCE for Long-Term Care Management*, complete the following test and evaluation sections. If your score is 70 percent or above, ACHCA will send you a letter of completion. If your score is less than 70 percent, you may retake the test.
- Please include your license number for each state.
- Tests will be graded within four weeks of receipt.
- According to the ACHCA Code of Ethics, "preservation of the highest standards of integrity and ethical principles is vital to the successful discharge of the professional responsibilities of all long-term care administrators." You are expected to complete this program according to these guidelines.
- Each post-test is approved for 2 continuing education credits for nursing home administrators and 2 contact hours for nurses.
- Not all states accept self-study programs for credit. Check with your state to confirm restrictions. If you feel that you have benefited from this program, please encourage your state to support self-study programs.

Return completed form with payment to:

ACHCA
12100 Sunset Hills Rd., Ste. 130
Reston, VA 20190

Members: \$25; Nonmembers: \$35

(Note: Membership in ACHCA is by individual, not by facility. If you have any questions, please call Kathleen at (703) 234-4140, Ext 3.)

Check enclosed, payable to ACHCA

Please charge my:

Visa Mastercard American Express

Card # _____

Exp. Date _____

Cardholder Signature _____

PRE-TEST

Take the pre-test before you read this issue of *ADVANCE*.

1. Nike's statement, "Crush Adidas," is an example of a:
 - a. mission statement
 - b. vision statement
 - c. logo
 - d. slogan
2. To qualify as a never event, an adverse outcome should meet all of the following criteria, EXCEPT:
 - a. is unambiguous
 - b. causes serious harm
 - c. has public importance
 - d. is always preventable

POST-TEST

After reading the magazine, complete the post-test and evaluation.

1. The MDS 3.0 is scheduled for implementation in: (*Billing & Reimbursement: "The Future of the MDS"*)
 - a. January 2009
 - b. October 2009
 - c. January 2010
 - d. October 2010
2. Which of the following statements is true of seniors' immune response? (*Resident Health: "Infection Control Challenges"*)
 - a. Dysfunctions within B cells are more severely affected by age than are T cells.
 - b. Older people are generally more protected by vaccines.
 - c. Antigen-delivery systems can counteract age-related defects in immune response to vaccinations.
 - d. Diet does not affect immune system changes.
3. Which aspect of DMEPOS accreditation deals with tracking resident satisfaction levels? (*Feature: "Accreditation Information"*)
 - a. quality improvement
 - b. human resources
 - c. corporate compliance
 - d. billing
4. Exercise has been demonstrated to increase brain cell growth in which part of the brain? (*Wellness: "Built to Move"*)
 - a. frontal lobe
 - b. hippocampal region
 - c. cerebellum
 - d. corpus callosum
5. What does a Land Owner LLC NOT do?: (*Law Center: "Going Bare"*)
 - a. collect rent off of the land
 - b. own all significant capital equipment
 - c. exist as a wholly owned subsidiary
 - d. hire employees

6. Which of the following statements is NOT one of the rules for connecting with customers? (*Cover sidebar: "Eight Rules for Developing Emotional Connections with Customers"*)
 - a. Listen to learn, not to make a point.
 - b. Never let customers leave disappointed.
 - c. Thank customers like you really mean it.
 - d. Let the customers find you.

7. By the year _____, health care providers will need to be ready for a national electronic health information infrastructure. (*Technology: "The Three Paths to an EMR"*)
 - a. 2012
 - b. 2014
 - c. 2016
 - d. 2010
8. Which type of employees are known to work with passion and create stronger customer relationships? (*Cover story: "At Your Service"*)
 - a. actively disengaged
 - b. not engaged
 - c. engaged
 - d. active
9. According to the author, the four important elements of fitness are aerobic capacity, flexibility, _____ and _____. (*Wellness: "Built to Move"*)
 - a. leg muscle strength and balance
 - b. arm strength and balance
 - c. leg muscle strength and core
 - d. mobility and balance
10. Which type of skin failure occurs as part of a multi-system organ failure and is usually beyond the scope of treatment? (*Skin & Wound Care: "Never Say Never"*)
 - a. end-stage skin barrier failure
 - b. chronic skin barrier failure
 - c. acute skin barrier failure
 - d. post-acute skin barrier failure

ANSWER KEY

Pre-Test Answers:

1. B. See: Leadership: "Creating a Dream"
2. D. See Skin & Wound Care: "Never Say Never"

Post-Test:

Check the box next to the most appropriate answer.

- | | | | | |
|-----|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 2. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 3. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 4. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 5. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 6. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 7. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 8. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 9. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |
| 10. | <input type="checkbox"/> a | <input type="checkbox"/> b | <input type="checkbox"/> c | <input type="checkbox"/> d |

EVALUATION

I found this material and ACHCA test to be:

- very relevant to my professional practice
 somewhat relevant to my professional practice
 not relevant to my professional practice

The most useful topic that this test addressed was:

- clinical issues
 business issues
 financial issues